

Career Opportunities in Sports

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ABSTRACT

The choice of career is influenced by views of your parents, friends, relatives, teachers and the media. Physical education deal with the frame of the human body basic and secondary education that encourage psychomotor learning in play or movement exploration setting to promote health. So today with a wider choice and an ever increasing competition you need to plan your career wisely and at the earliest. A career in physical education can lead you to a wide range of career option : - from being a part of the chosen Sports teaching, health clubs , sports good manufacturer, marketing, journalism, trainer and many others similar option. You can today save your future in the field of physical education.

Introduction

Physical education is an integral part of education. It begins with the birth of a child. Because, when the child is born, He first performs physical activity. From the very beginning physical education has been named as physical training, Sports, play, mass PT, drill, health education and entertainment etc. but now a day physical education is the most diverse subject. Students have to study all kind of subject right from philosophy to information technology. Though the physical education the all-round development of the individuals can be made.

All round Development of a person's possible only when he:-

Physically fit

Mentally fit

Mentally alert

Emotionally balance

Psychologically Sound

Sociologically adjustable

Each and every subject has the direct impact on the performance of the individual. Physical education provides a solid Foundation preparing an individual to pursue a variety of career. Today, physical education professionals have a very important role to play in the future of the health four Nation and the world. There are some facts that prove whether is object is actually a profession.

1. Intellectual activity
2. Practical use
3. Research for new knowledge and ideas
4. Self-organization
5. Capacity for communication
6. Dedication to help others

Career Opportunities in Physical Education

Mainly there are two types of career in the field of physical education.

1. Traditional career
2. Emerging career

1.Traditional Career:

The first type of career option is related to teaching and coaching physical education traditional career .The teaching career offers many 22 towards to the teachers whether they are engaged in:

a. Elementary School:-It has been recognized that physical education is a must in elementary schools. Basic skills and attitudes can be learnt well in this period. Physical education teacher plays a vital role in the all-round development of children. In India there is no career opportunity for physical education teacher in elementary schools. Generally the teachers of other subjects, who are not specialized in physical education, teach physical activities. This is the main drawback in India.

b. Middle School: - Career opportunities for physical education teachers in middle schools are ample but only in the schools of big cities. In such schools there is a separate syllabus for 6th 7th and 8th classes. In Government Middle schools, there are rare opportunities of employment for physical education teacher. Although, the subject of physical education is offered in such schools, it is implemented in a formal way.

c. High School: - Generally, there are a number of opportunities for jobs in the field of physical education in government and private Public High Schools. Specialized teachers of physical education are appointed in such schools. They are required to teach theory and practical of physical education. They are also required to prepare various themes of sports for inter school competition.

B. Senior Secondary School:-It is a common practice throughout the country to engage special teachers of physical education in senior secondary schools. In some schools, lecturers in physical education are appointed to teach theory. Physical education is an optional subject in government and Senior Secondary Public Schools. These teachers are required to maintain

discipline in schools and need to prepare various teams of sports for inter school - tournament. There are ample opportunities of jobs in such schools.

C. Colleges' levels: - There are a lot of opportunities for teaching related work in the field of physical education colleges under the universities. The subject in college as an elective. College lecturer required to teach theory and practical of physical education and as well as preparing various team of sports for inter college and all India Inter University competitions There are various professional courses in physical education like: - CPed, D.P.Ed, M.P.Ed, BSc. physical education and sports, certificate course in Yoga, MA in Yoga etc. These professional courses associated with some renowned college.

D. Universities levels: - There are many job opportunities to teach physical education in different Universities campus:

Certificate course in physical education (CPED),
Diploma course in physical education (DPED),
Bachelor degree in physical education (BPED),
Certificate course in Yoga,
BSc in physical education and sports,
Master degree in physical education (MPED or MA in physical education)
Master of philosophy (MPhil)
Doctor of philosophy (PhD)

At the university level and college level (some professional colleges), teachers, lecturers, assistant professor, associate professor are required to teach various subjects such as:

Research Methodology
Test and Measurement
Sports psychology

Sports Sociology

Sports Biomechanics

Sports medicines

Exercise physiology

Organization and Administration

Health and physical education and yoga, Sports training etc...

Players also participated in various sports at the university level

Coaching Career in Physical Education:

Coaching career is also a traditional career in the field of physical education. Many Physical educators prefer to opt for coaching as a career. There are number of job opportunities for coaching as in the field of teaching. Many coaches want a dual career as a teacher and coach. Opportunities of jobs are available to coach in middle schools, High Schools, senior secondary schools, (especially in private Public Schools),in colleges and Universities. At school level echoes may be required to teach physical education and also to coach a team. In colleges and Universities coaches may be appointed to coach various team for inter college and all India Inter University competitions. Numerous job opportunities are also available in state sports department and sports Authority of India in non -School setting. Coaching opportunities are also available with professional teams, hotels, commercial sports clubs; private enterprises and government sector. A coach must be a good teacher. A prospective coach should obtain a diploma course in concerned game or sports. Master of sports, degree is an additional qualification for higher level of coaching. A coach must be aware of the current trend and latest rules of the game. For this purpose, he/ she should attend clinics, seminars and workshops.

1. Emerging Career in Physical Education:

1. Nowadays people have become more health conscious. They want to be healthy and fit. They have realized the value of health. During the last twenty years, there has been rapid increase in the Awareness of health. They want to keep away from the various diseases such as hypertension, obesity, heart disease, diabetes, cervical, migraine etc. That is why health related career opportunities in the field of physical education have expanded in recent years. The number of Health and weight control club has increased rapidly during the last decade. These colors are based on the individuals desire to be physically fit to have ant rum figure and to look the Best.

Physical educator may find ample job opportunities in such health and weight control clubs. The activities and services provided by these clubs vary but fitness activities remain the same.

- The facilities to play various games such as tennis, swimming, badminton, whirlpool, Hindi video Saunas and massage are also offered etc.
- Instructions regarding diet and nutrition also given to the clients.
- Another field of area is athletic training under health related career in India there is little scope of opportunities trainer work with National teams or games and sports only. In western countries the job opportunities for athletic trainers are widely available.

Administration related Career:

Now administration related career opportunities are available in various fields, such as sports administration, management of sports clubs and facilities, sports marketing and promotion etc. In western countries, colleges and universities offer undergraduate and postgraduate degrees in sports management but in India it is in the beginning stage. Though management and administration are taught as a subject at both levels (UG and PG) in the field of physical education, there are various fields within physical education administration is required. The career related administration in physical education is as follows:-

Department of Physical education: - There are many universities and colleges in India where course of physical education is being taught. In such departments, the administration lies in the hands of chairman head. The senior teacher of the department usually acts as the chairman. In India, there is no need for separate management qualification for such a post, because it is typically based on seniority.

Sports department: - There are many job opportunities related to administration in sports

department. The post of director of sports is found in most every university in India. The director of Sports is responsible for the administration of various programs of games and sports. He/she supervise coaches and assistant coaches. The director of sports must be knowledgeable regarding the rules and regulations of Sports competitions including the eligibility of sports participants. He/she is also responsible for preparing the sports budget. The causes of various games and sports and other officers work under his/her administration.

Industrial preparation: - Nowadays many multinational companies and national companies are providing recreational and sports opportunities for their employees. These companies lay stress on the health fitness and well being of their employees because healthy and fit employees usually have more capacity to do work.

Sports Facilities Management: - There are always a number of people and organization who want to have sports facilities, where they can do exercise for remaining healthy and fit or the purpose of recreation. They want to get facility of gymnasium, health club, fitness center, stadiums, sports complexes, ice arenas and aquatic centers for swimming pool. So job opportunities are growing rapidly in this field.

Performance related career: - A large number of Sports persons participate in various games and sports throughout the world, participate at various level inter school or college Level Competition district Level Competition, State Level Competition, National Level Competition, International competition, Olympic games, asian games, commonwealth games etc... Many jobs are also available for skilled sports persons in government and private sectors.

As Officials: - the smooth conduct of a sport tournament or competition depends on good officials. It is also a good career related to sports and games. Even college students earn some income by officiating in Inter-Colleges sports competitions. Many former sports persons turned to officiating as a full-time professional career after sports career. Officiating can be a

challenging career, but in India it is still in budding stage as less number of competitions are held in comparison to Western countries.

Career in Communication Media: - The communication media like television, radio, newspaper and magazine etc. Have contributed to the enhancement of various career opportunities in sports communication. The above - mentioned means of communication have increased the sports coverage. Cable television channels and other sports channels provide 24 hours coverage of sports and games.

Sports Journalism: - Physical educator, who have talent for writing may option a career as a sports journalist. The sports journalist may get opportunities to work with newspaper in sports magazines, because the space for coverage of sports news as well as the number of newspapers and sports magazines is increasing rapidly. No doubt career opportunities in sports journalism are ample but this field requires keen interest, taste and talent in writing.

Book Writing: - Career opportunities are widely available in book writing in the field of physical education and sports, special in India. As a matter of fact, there is shortage of books physical education and its allied subjects in India. Some physical educators, who have deep knowledge of various discipline of physical education, such as sports biomechanics, sports sociology, sports pedagogy, what management sports training, may write text books, considering this as a part-time career.

Sports Photography: - Sports photography is another carrier which can be pursued by physical educator. But this career is Applicable only to those physical educators who have a keen interest in photography and a strong desire to communicate to public the true meaning of sports through photographs. A talent in Photography is essential for opting for such a career.

Book Publishing: - Publishers of books on sports and textbooks of physical education, its sub disciplines and allied subjects such as health education and Recreation need to the people who

are knowledgeable about the field of physical education. This type of job requires knowledge of physical education, writing and editorial skills and comparative values of the available books. In the same way, opportunities are also available in publishing of sports magazine.

Sports broadcasting: - Sports broadcasting has become a popular career. Career opportunities may be found with radio and television stations, including cable television at local regional and national levels. Sports broadcasting requires not only the knowledge of game but Also the ability to communicate clearly. The reporter must have the detailed knowledge of the sports like football, volleyball, basketball, hockey, cricket etc. He must have the background information at least about the famous player. Salaries are good in this career but it depends on the level of station, local station and National Network).

Marketing: - Public increasing interest in sports and games, health fitness and physical activities has stimulated the sales of sports goods. Consequently, job opportunities in marketing and selling sports equipment have increased. Opportunities of jobs for marketing managers and sales persons will definitely increase, if the interest in physical activities, sports and games and fitness continues to grow.

Sport Industry:-Current available in sports industry. A person who wants a career in sports industry must have the knowledge of physical education and sports. One may establish a sports industry at a small scale. It may be related to only t-shirt and tracksuits. It may be related to only sports footwear. The knowledge of research and designing is also vital for search jobs, because new type of sports equipment and new type of tracksuits and swimming suits which are beneficial for increasing the performance of sports person in demand.

Conclusion: -

There we discuss many career opportunities in physical education; but still, there are many carriers in the field of physical education which can be created. As a matter of fact, career

opportunities in the field of physical education are limited only by one's imaginations. If we define physical education only as the teaching of sports dance and exercise in public Schools it can limit job opportunities. On the other hand, if we define physical education as the art and science of human movement it can open a number of careers before us so we can say there is a great job opportunity in the field of physical education.

